



## Meeting Minutes

**Meeting:** ACHIEVE Wellness CHART Meeting

**Date:** February 14, 2013

**Time:** 1:30 pm

**Location:** Lake County General Health District

### Partners Present:

Matt Battiato	Lake County Job and Family Services
Cheryl Cairns	Cleveland Clinic
Ken Gill	Beacon Health
Ron Graham	Lake County General Health District
Johanna Henz	Lake County Free Clinic
Lee Homyock	City of Painesville
Beth Horvath	Lake County YMCA
Angela Kaloush	American Cancer Society
Carol Mangino	Lakeland Community College
Tim Manross	Fairport Harbor
Sharon Minjares	Lake Health
Pam Morse	Fairport Harbor
Pat Perry	Promark Enterprises, Inc.
David Radachy	Planning and Community Development
Gary Robinson	Lake Health
Traci Salkiewicz	Lake County Engineers' Office
Sharon Sharpnack	Lake Metroparks
Gauri Wadhwa	American Cancer Society
Katelyn Barbis	Lake County General Health District

### ACHIEVE Communities

- Katelyn Barbis gave a quick update as to where we stand in defining an ACHIEVE Community.
- Donna Cook, Beth Horvath, Ron Graham, Gary Robinson, and Katelyn Barbis are using the Healthy Ohio Creating Healthy Communities Checklist as a guide. The document is used as an assessment and as an evaluation.
- The goal is to have something on paper for the group to review at the April CHART meeting.
- Please let Katelyn Barbis know if you would like to be involved in this process.

### ACHIEVE Community – Fairport Harbor

- Mayor Tim Manross spoke to the ACHIEVE Community efforts in Fairport Harbor. He briefed the group on the background of becoming an ACHIEVE Community, current and future events and initiatives that are helping the village to become a healthier, more active community. Mayor Manross noted that legislation is included in these efforts.

- The following are items Mayor Manross mentioned:
  - o Re-developing the downtown area
  - o Improving the walkability of the community
  - o Re-structuring pedestrian traffic
  - o Pulling in traffic from Painesville
  - o Posting signage on the trails to brand ACHIEVE Wellness
  - o Routing challenging and less challenging trails that will be color coded
- Radio Disney Ultimate Field Day is on **Saturday, June 8th**. This is a free health and wellness event open to the public. All food vendors at the event have to be approved by Disney to ensure quality items are being served. This will be the signature event in Lake County this year to highlight health and wellness.
- One idea of this event is to learn what works and what does not to be able to host our own Ultimate Field Day in years to come.

### CPS-3

- The American Cancer Society CPS-3 will begin enrollment in Lake County in June. There are a total of 7 enrollment sites.
- Katelyn and Gauri talked briefly about becoming a Community Champion. The main goal of a Community Champion is to recruit 10 participants to enroll in the study and to have a long-term commitment. Please see the Community Champion job description attached to the email.
- Contact Katelyn if you know of anyone who would like to be a Community Champion.

### Worksite Survey Presentation

- Pat Perry presented the results from the Worksite Survey that was completed in 2012. The response rate was 12.5% which is better than average (10%).
- Overall, there is a great deal of wellness efforts being put forth in worksites throughout Lake County. The majority of the employee participation rates noted fell between 26-50%.
- The 2 biggest areas of concern that respondents noted were 1) they are interested in wellness programming, but do not know how to coordinate programs or 2) they are unsure of how to track progress. These concepts will be worked into the Worksite sub-committee's agenda.
- Of the 51 surveys received back, 19 expressed interest in ACHIEVE. Katelyn will be contacting those 19 organizations.

### Connectivity Plan

- David Radachy provided an update on the Connectivity Plan that Mentor, Painesville, Fairport Harbor, Laketrans, Lake Metroparks, the Lake County General Health District, and the Planning Commission are working on to develop a trail connectivity master plan (design, plan, and implement).
- This marks the first time that several agencies have committed to working together on such a large trail project that will address how to create better access to recreation opportunities in Lake County, as well as create more opportunity for physical activity.
- These efforts will help us to meet one goal on the Community Action Plan; increase the number of agencies involved with or who participate in multi-jurisdictional, proactive recreational planning with a focus on creating a comprehensive planning effort in Lake County.

**Next CHART Meeting: Thursday, April 11 at 1:30 p.m. at the Health District**